Zone Athletics
Yesterday Ms Goyen, Mr Smith, Mrs Gibbons and our wonderful CHPS competitors and families battled the weather and participated in the Zone Track carnival at Blacktown Olympic Park. Despite the weather, our students represented the school well and conducted themselves in a most positive manner. As a result of student performances we will have a number of students progressing to the next level at Area. Announcements to be declared soon based on times!

Book Week events
This week we have celebrated with books as we have been ‘reading to connect’! Students participated in two excellent incursions organised by Mrs Guild and Mrs Munari and we paraded in our costumes today. As always, we are flexible at CHPS and our back up wet weather plan was not needed to be enacted, as the weather was kind to us! A fantastic morning celebrating Books!

ShowCase Attendance
Students in Stage 1 (Year 1&2), 2 (Year 3&4) and 3 (Year 5&6) are performing in both shows at 5.30pm and 7pm. The two shows are the same. There are two shows to accommodate parent numbers. It is expected that students are dropped at school before performance 1 and collected by parent/s at the end of performance 2. There will be further detailed information coming home to families via a note closer to the ShowCase performances. Early Stage 1 (Kindergarten) have one show only commencing at 5.30pm.
Parents do not need to buy tickets for both shows however if you wish to attend both you can. Teachers will be supervising the students during and between the performances.

For ease of parking and attendance the back school gate will be open so families who live near Gilham Street can walk and enter via the back of the school grounds. The gates will be locked 15 minutes after the end of each final performance.
ShowCase Dates and times (A reminder)
- Tuesday September 2 - ShowCase Stage 2. Show 1: 5.30 - 6.30pm Show 2: 7- 8pm
- Wednesday September 3 - ShowCase Stage 1. Show 1: 5.30 - 6.30pm Show 2: 7- 8pm
- Tuesday September 9 - ShowCase Stage 3. Show 1: 5.30 - 6.30pm Show 2: 7- 8pm
- Wednesday September 10 - ShowCase Early Stage 1 (Kindergarten) Show: 5.30 - 6.30pm

Ticket Cost
The ticket cost as set by Castle Hill Public School is $5.00. There is a 60c credit card charge added to each ticket. (Tickets are listed as $5.60 on the Trybooking website due to the 60c credit card fee). There will also be a 30c per ticket online booking fee added to your cost at the checkout. This means the total you will pay per ticket is $5.90.
To access tickets sales use the link below or type Trybooking into your search engine. Once on the Trybooking system type CHPS into search window. This will give you access to our performances. You will then need to select which stage and performance for which you require tickets. You will need to print and bring your tickets with you to each performance.


- Ms Denise Lockrey, Relieving Principal

What's in your child's bag today?

- **Notes Home:**
  - Year 2: Intensive Swimming Program
  - Year 5 & 6: Camp Notes
  - Wakakirri at the ShowCase
  - 1O & 1N: ShowCase Note
  - 4S: Class ShowCase Note

- **Leaflets:**
  - K - 6: Cartooning Holiday Program
  - Book Club Brochures

Premier’s Reading Challenge
The challenge for 2014 is almost complete...if you are still reading you have until the August 22, 2014 to complete your reading log online. Remember to log in use your DEC user name and password. Your user name will be first name.lastname (and possibly a number). Congratulations to the 137 students who have already completed the challenge as well as Evan KA, Adam 2G, Alison 3S, Elsie 3S, Christopher 4S, Cassandra 5S and Lola 6D.

Well done to the following students who completed the challenge with their class:

- **KA** - Sharyn, Taleah, Molly, Kiana B, Roman, Ava, Nikolas, Stephanie, Coco, Ashliegh, Yong, Noah, Kiana P, Darcie, Riyan, Haadi, Raymond and Evan
- **KG** - Jacinta, Declan, Isaac, Kai, Olivia, Yuna, Coco, Thomas, Charlotte, Max, Ellie, Matthew, Rubin, Jacob, Hope, Bella and David
- **KK** - Brandon, Hayden, Dorothy, Jacinta, Myca, Blake, Nakato, Thomas, Daniell, Jamaine, Harrison, Sean, Kaitlyn, Will, Rani, Megan and Serena
- **KS** - Zachary, Seth, Raymond, Aiden, Matilda, Kevin, Rebecca, Kyran, Danielle, Pranati, Felix, Rithika, Sandra, Lucy, Melanie, Sam, Jesse and Timothy
- **2L** - Olivia, Declan, James, Ada, Jemma, Ruby, Kerry, Alex, Holly, Zachary, Joelle and Daniel

- Mrs Megan Gibbons, Deputy Principal

Kindergarten News
Blends for this week in class are: ay, ee.

Sight words for this week in class are: call, come, here, make, must, only, some, then, were, what, will, your. These are known as the indigo sight words.

Please return your child’s red note folder each Thursday. Home readers are now changed every day. Please record and sign the home reader card every night.

- From the Kindergarten Teachers

YEAR 6 FAREWELL 2014
It’s that time of year again - planning for the Year 6 farewell will be getting underway shortly! A meeting for parents interested in participating in the planning and preparation for this year's Year 6 Farewell will be held on Wednesday, 3 September 2014. The meeting will be held in 6D classroom and commence at 3:15pm. If you are attending, please ensure that you have made arrangements for the care of your children, as students are unable to attend farewell meetings.
Meetings will be held every second Wednesday throughout the remainder of Term 3 and from Week 1 of Term 4. If you would like to be involved but are unable to attend meetings, please forward your name, the name of your Year 6 child and your email address to Miss Dudgeon via the school email (castlehill-p.school@det.nsw.edu.au). ‘The more the merrier!’ and ‘Many hands make light work.’

- Ms Kim Dudgeon, Year 6 Co-ordinator

PSSA Netball

Well done to all six Castle Hill netball teams who represented our school proudly in PSSA Netball. The Junior B2 played well in the semi-final against Crestwood but unfortunately did not progress to the finals.

In the finals last Friday the Junior A2 played Baulkham Hills North and the Senior B3 played Matthew Pearce. Both games resulted in a draw, making our teams joint premiers! All our netball teams should be proud of their efforts and have demonstrated excellent commitment and sportsmanship throughout the season.

- Miss Williams and Miss Speth

Mini Merit Awards
Term 3 Week 5

Bronze Awards
Isla (1O), Annabell (1N), Isaac (2R), Thomas (2R), Zac (3/2L), Sanat (3A), Adam (3A), Christopher (4S), Lidia (6M) and Justin (6M)

Silver Awards
Ella (4S), Tom (5E) and Gloria (6/5G)

Gold Awards
Rafaella (6/5G), Grace (6/5G), Rebecca (6/5G), Natalie (5W), Cassandra (5S), O’Felia (5S) and Aisha (5S).

Congratulations to our fabulous students who have earned seven mini merits. These mini merits will be announced at assembly in Week 7.

Rainbow: Darcie (KA), Taleah (KA), Evan (KA), Charlotte (KG), Hope (KG), Olivia (KG), Serena (KK), Dorothy (KK), Jamaine (KK), Amy (KM), Jacob (KP), Rayne (KP), Kyran (KS), Matilda (KS), Melanie (KS), Sandra (KS), Tristan (1N), Julian (3/2L) 2 sets, Amelia (2C), Chaiwan (2C), Luis (2G), Alexandria (2R), Alexander (2R), Kheila (2R), Joelle (3/2L), Rachel (3A) 2 sets, Charlotte (3A), Jiya (3A) 2 sets, Allegra (3G), Ahsvitha (3P) 2 sets, Jerry (4P), Chloe (4P), Marcus (4S), Sahel (4S), Elise (4S) 2 sets, Reubens
(4S), Milan (5/4C), Tom (5E), Nicholas (5E) 2 sets, Isaac (5E), Daniel (5S), Joshua (5S), Ella (5S) 2 sets, Natalie (5W), Emma (5W) 2 sets, Gloria (6/5G) 2 sets, Erin (6/5G), Anthony (6/5G), Kaye (6/5G) 6 sets, Emily (6/5G), Gemma (6/5G), Alayna (6D) 4 sets, Alex (6D), Saki (6H), Lidia (6M) 3 sets, Emma (6M) 3 sets, Tara (6M), Emma (6M), Justin (6M) 2 sets.

**English:** Jacob (KG), Rani (KK), Jovan (KM), Arya (KP), Abdullah (1G), Erleen (1K), Liam (1M), Bailey (1M), Alexander (1N), Tristan (1N) 2 sets, Isla (1O), Eugene (2C), Luis (2G), Andrew (2R), Julian (3/2L), Ruby (3/2L), Brodie (3P), Darryl (3P), Jerry (4P), Chloe (4P), Alex (4P), Alexander (4P), Emily (6/5G) 2 sets, Gemma (6/5G), Alayna (6D), Daena (6H).

**Maths:** Adam (3A), Sivani (4P), Milan (5/4C), Natalie (5W), Gemma (6/5G) 2 sets.

**Creative Arts:** Ambrose (KG), Rivithu (1K), Eugene (2C), Adam (2C), Farah (2R), Daniel (3/2L), Luca (3P), Reubens (4S), Gemma (6/5G), Alayna (6D).

**PD/H/PE:** Lucy (KS), Elias (1K), Izaac (1K), Iman (1M), Tristan (1N), Adam (2C), Julian (3/2L), Darryl (3P), Jerry (4P), Jaylen (4P), Alex (4P), Kaye (6/5G).

**Science & Technology:** Farah (2R), Sophie (5E), Kaye (6/5G), Gemma (6/5G), Alayna (6D), Bella (6M).

**HSIE:** Dom (5E), Natalia (5W), Gloria (6/5G), Gemma (6/5G).

**Citizenship:** Harrison (KK), Emily (6/5G), Alayna (6D), Corey (6M).

Mrs Julianne Smith, Relieving Deputy Principal

Entertainment Books 2014 – This is the “LAST” week – Books available from the school office

These books are great value and offer hundreds of discounts to local eateries and attractions. This year you have a choice between the traditional book or a digital membership. We have limited stock of traditional books, so be early:

- Sydney Greater West (The old Parramatta Book) $65
- Sydney/Sydney North $70

To collect your book, please go to the school office with your payment or you can order online. Please make cheques payable to “Castle Hill Public School Community Club”.

- Simone Pedler 0438 809 993 or lstcp@internode.on.net

★★★★

**PARENTING IDEAS** – Michael Grose

Have a look at the website - [www.parentingideas.com.au](http://www.parentingideas.com.au) This week’s topic

**Bedtime**

Bedtime can be a battle in many families as children resist attempts to end their day and allow parents to have some time to themselves. Often at the end of a long day all you want is a little peace and time for yourself. After all, you have probably devoted the entire day to the service of children in some form.

Whether it is putting bread on the table or being gainfully employed in an unpaid position as housekeeper and cook, you deserve a break. Come on, kids, be reasonable!

But children do not always see bedtime from a parent’s perspective. They often dispute calls for bed and complain loudly that it is too early. None of the other kids at school go to bed at 8 o’clock, Mum. “It’s not fair.” is the sort of line that is used in thousands of homes each night. Others procrastinate with toilet-time, last minute drinks and detailed arrangements of teddies so that bed-time stretches by half an hour before parents realise what is happening.
Some parents are plagued by jack-in-the-boxes who reappear as soon as the bedroom light is turned off while others have night-callers who keep parents busy with comments such as: “I can’t get to sleep.”

If bed-time presents difficulties in your home try the following ideas at kids’ bedtime so that you can maximise the time you have for yourself and your partner. A clear plan can help make the end of the day less of a chore for parents.

**DEVELOP A BEDTIME PLAN**

- **Distinguish between being in bed and being in the bedroom.** Children differ in the amount of sleep they need – so to expect them to go to sleep at a certain time is unrealistic. However, they can be expected to be in their bedrooms at a set time and then regulate their own sleep habits.
- **Have a set routine** such as ‘quiet time, drink and story’ which signals the end of the day and stick to it. Even older primary school children benefit from a set routine that lets them know what is expected so they can plan accordingly.
- **Be firm and resist procrastination.** Try always to say good night at the appointed time even if children are not quite ready.
- **Turn the television off** and, if necessary, remove other distractions such as computers, mobile phones and video games while children are going to bed.
- **Return jack-in-the-boxes** to their bedrooms and ignore repeated calling out for drinks and other attempts to keep you busy. Make yourself scarce. Go to another part of the house and be unwilling to be drawn into a game of the children’s making. Only nightmares and earthquakes should cause you to go to their bedrooms.

**WHAT TO AVOID**

- **Over-stimulating children before bedtime.** Engaging kids in a friendly wrestling match on the floor five minutes before bed-time will ensure you have a real battle on your hands.
- **Allowing children who delayed bedtime to sleep in to make up for lost sleep.** This will ensure that they stay awake at night. Wake children at the same time each morning.

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**Uniform Shop News**

Volunteer Roster: Thursday August 21- Marie Dols, Carrie Prosser-Shaw, Lee Lau  
Monday August 25- Denise Miller, Louise Hume  
Thursday August 28 - Katherine Mullen, Abby Bishop, Abby Hui

Dr Shoe will be at the school on the following day this term  
Monday September 1, 8.30am - 9.30am

This year you will be able to order online through Flexischools. Please go to [www.flexischools.com.au](http://www.flexischools.com.au) where you can place your orders, which will be delivered to the classroom. Parents are advised that Flexischool orders will be signed for by the child. Loss of orders will be the responsibility of child and their parents.

- Simone Pedler, Uniform Shop Manager  
Ph:0438 809 993 or simone.pedler@det.nsw.edu.au
Canteen News

URGENT REQUEST
Due to work commitments we now need volunteers on the following days:

- 2nd Wednesday (1 person)
- 3rd Tuesday (1 person)
- 3rd Thursday (1 person)

If you have a few hours to spare on these days, please ring Kylee, Tanya or Robyn on 9634 4306.

A reminder to the mums who help on canteen. If you are unable to do your rostered day on the canteen, could you please try and organise a substitute. If you can't find anyone, please let Kylee, Tanya or Robyn know on 9634 4306 so they can organise someone. Thank you.

Canteen Roster

- Thursday August 21: Wenxia Li, Sutha Siram, Wendy Newman
- Friday August 22: Toni Bray, Bayzer Wah, Katherine Watson
- Monday August 25: Essen Borg, Stacy Borg, Ann Rassios
- Tuesday August 26: Eunjoo, Hyo Jin, Hye Jin
- Wednesday August 27: Vicki Payne, Maggie Perez, Kate Scotter
- Thursday August 28: Daniella Fattoretto, Tracey Anderson

Community News

Castle Hill Funhouse

Castle Hill Funhouse is now taking enrolments for 2015. If your family is in need for before, after or vacation care please complete our enrolment form and arrange a meeting with one of our supervisor. More information can be found on www.castlehillfunhouse.com.au, by calling us on 9680 3361 or by visiting us. Funhouse is located on the grounds of Castle Hill Public School.
## Term Overview as at today

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<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td><strong>6</strong> BOOK WEEK</td>
<td>Aug 18</td>
<td>Zone track carnival – Blacktown Athletic Park</td>
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<td></td>
<td>No K-6 Assembly</td>
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<td>Yr 3-6 Book Week incursion</td>
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<td>Aug 19</td>
<td>K-2 Book Week incursion</td>
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<td>Aug 20</td>
<td>Book Week Parade – 9.10am</td>
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<td>Aug 21</td>
<td>SiSA</td>
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<td>Aug 22</td>
<td>No PSSA Zone field &amp; teams carnival – AH Whaling</td>
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<td><strong>7</strong> Wakakirri heats</td>
<td>Aug 25</td>
<td>K-6 Assembly – 2pm</td>
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<td>Aug 26</td>
<td>K-6 Assembly – 2pm</td>
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<td>Aug 28</td>
<td>SiSA</td>
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<td>Aug 29</td>
<td>No PSSA Wakakirri Heats – 12.00pm →</td>
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<td><strong>8</strong></td>
<td>Sept 1</td>
<td>NO K-6 Assembly</td>
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<td>Sept 2</td>
<td>SCC meeting – 9.15am Soccer Gala Day ShowCase – Stage 2 5.30pm &amp; 7.30pm</td>
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<td>Sept 3</td>
<td>Yr 6 Gift to the School event ShowCase – Stage 1 5.30pm &amp; 7.30pm</td>
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<td>Sept 4</td>
<td>Yrs 3 to 6 Father’s Day stall – 8.30am - 2pm SiSA</td>
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<td>Sept 5</td>
<td>Yrs K to 2 Father’s Day stall – 8.30am - 2pm No PSSA</td>
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<td><strong>9</strong></td>
<td>Sept 8</td>
<td>Yr 1 Virtual Excursions NO K-6 Assembly</td>
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<td>Sept 9</td>
<td>Yr 1 Virtual Excursions ShowCase – Stage 3 5.30pm &amp; 7.30pm</td>
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<td>Sept 10</td>
<td>Kindergarten Virtual Excursions ShowCase – Early Stage 1 5.30pm P&amp;C meeting – 7.30pm</td>
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<td>Sept 11</td>
<td>SiSA New enrolment tour – 2pm</td>
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<td>Sept 12</td>
<td>Summer PSSA commences [round 6]</td>
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<td><strong>10</strong></td>
<td>Sept 15</td>
<td>K-6 Assembly – 2pm</td>
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<td>Sept 16</td>
<td>Silver afternoon tea – 2.30pm Police visit Yr 1</td>
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<td>Sept 17</td>
<td>Gold lunch – 12.15pm</td>
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<td>Sept 18</td>
<td>SiSA</td>
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<td>Sept 19</td>
<td>PSSA [round 7]</td>
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